Version of Record: https://www.sciencedirect.com/science/article/pii/S1936878X19301676 Manuscript 9fb04032c2bb507047a6d5c7577cf05f

Manifestations of Cardiovascular Disorders on Doppler Interrogation of the Hepatic Veins

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Word count: 1900

Disclosures: None

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Spectral (pulse wave) Doppler interrogation of flow in the hepatic veins (HVs) is a part of any comprehensive echocardiographic examination. Analysis of the direction, velocity and duration of the Doppler waveforms and their phasic response to respiration allows to distinguish normal from abnormal flow patterns and provides diagnostic insights into disorders that affect the function of the right heart.

Together with the superior vena cava, the HVs are the standard conduits for the assessment of systemic venous filling of the right heart due to the wide angle of interrogation of inferior vena caval (IVC) flow from transthoracic windows. Blood flow in the HVs is dependent on the cardiac cycle and on the function of the right heart and is influenced by the respiratory cycle and the compliance of the liver parenchyma. Therefore the HV Doppler becomes altered in disease states that either affect right heart function or disturb the cardiac rhythm. Additionally, respiratory and hepatic disorders may incur characteristic changes to the flow in the HVs. Normal flow in the HVs is phasic and bidirectional, predominantly antegrade, and fluctuations in flow direction and velocity reflect changes in right atrial pressure. Since the Eustachian valve does not restrict blood flow into the right atrium, flow in the HVs reflects right atrial filling throughout the cardiac cycle and right ventricular filling during diastole.

We present a series of cases illustrating characteristic HV flow patterns associated with various cardiovascular and related disorders (Figure 1-6).

### Figure Legends

### Figure 1. Hepatic Vein Anatomy and Normal Flow Profile

- (A) Anatomy of HVs. The HVs drain blood from the liver posteriorly into the retro-hepatic IVC, 2-3 cm caudal to its junction with the RA. The LHV and MHV drain the left lobe whereas the RHV drains the right lobe of the liver. Most often, the MHV offers the best alignment of flow with the Doppler beam from the subxyphoid window. Video 1 demonstrates blood flow in the MHV (small arrow) and RHV (large arrow).
- (B) Normal HV Doppler. The normal flow profile in the HVs demonstrates phasic and bidirectional waveforms that are temporally related to the waves obtained on pressure recording in the RA. Four distinct Doppler waveforms are often visualized: 1) a large antegrade waveform (negative velocity) noted during early and mid-systole (S-wave) that corresponds to the "x" descent on RA pressure. It occurs in response to the fall in RA pressure caused by the increase in volume as a result of atrial relaxation and systolic displacement of the tricuspid annulus towards the RV apex; 2) a small retrograde wave (positive velocity) in late systole (V-wave), that is occasionally absent, and corresponds to the "v" wave on RA pressure; 3) an antegrade wave noted in early and mid-diastole (D-wave) that is less prominent than the S-wave and relates to the "y" descent in the RA. This wave results from the fall in RA pressure that follows TV opening and emptying of the RA into the RV; 4) a retrograde wave noted in late diastole (Awave) that corresponds to the "a" wave in the RA. This wave is caused by atrial contraction with rise in RA pressure that exceeds IVC pressure, thus leading to flow reversal in the HVs. (C) Effect of Respiration on HV Flow. Respiration imparts physiological changes to flow in the HVs. Inspiration, as noted on the respirometer, is associated with a decrease in intrathoracic and intracavitary pressure leading to an increase in blood flow from the vena cava to the right heart. The corresponding HV Doppler shows an increase in the velocity of the forward S- and D-waves with no increase in flow reversals since the normally compliant right heart chambers are able to accommodate the augmented preload without increase in filling pressures. In contrast, expiration is associated with a rise in intrathoracic pressure leading to a decrease in systemic venous return and thus a reduction in the velocity of the HV forward S- and D-waves together with an increase in diastolic flow reversals (arrows). The latter are most pronounced on the first cardiac cycle following the onset of expiration due to the rapid shift and sudden increase of the intrathoracic pressure that is generated during early expiration.

HVs = hepatic veins; Insp = inspiration; Exp = expiration; IVC = inferior vena cava; RA = right atrium; LHV = left hepatic vein; MHV = middle hepatic vein; RHV = right hepatic vein; RV = right ventricle; TV = tricuspid valve.

#### Figure 2. Tricuspid Valve Disease.

- (A) Severe tricuspid regurgitation. The HV Doppler demonstrates holosystolic flow reversal that replaces the forward S-wave and is evident with every cardiac cycle (arrows). This reversal typically peaks in late systole. It results from the transmission of the RV systolic pressure into the RA, a reflection of a prominent "v" wave on RA pressure recording. This phenomenon underlies the finding of a pulsatile liver on physical examination.
- (B) Tricuspid stenosis. Significant obstruction to RV inflow is associated with a prolonged deceleration time of the D-wave (arrows), a reflection of the abnormally slow pressure decay across the TV during diastole. Additionally a prominent A-wave can be evident (arrowheads) indicative of a forceful RA contraction against the stenotic TV.

HV = hepatic vein; RV = right ventricle; RA = right atrium; TV = tricuspid valve.

# Figure 3. Diseases of the Pericardium and Myocardium.

Some disease states that typically involve the pericardium and right ventricular myocardium affect the HV flow in a manner that is dependent on the respiratory cycle. Concomitant use of a respirameter is useful to determine the phase of the respiratory cycle (inspiration, expiration or apnea) in relation to flow.

- (A) Constrictive pericarditis. This condition is characterized by exaggerated interdependence between the left and right ventricle due to the non-compliant pericardium. Inspiration leads to augmented RV filling with increase in forward flow in the HVs, leftward shift of the interventricular septum and subsequent decrease in LV filling. During expiration, the combination of decreased systemic venous return and increase in LV ventricular filling lead to a prominent rightward septal shift. This phenomenon results in a significant expiratory decrease in tricuspid flow and RV filling with associated flow reversals in the HVs. As noted on the respirometer, the onset of expiration leads to prominent diastolic flow reversals (arrows) on the HV Doppler. This characteristic pattern is evident with every respiratory cycle.
- (B) Restrictive cardiomyopathy. This entity is characterized by increased stiffness of the RV and LV chambers. The augmented venous return that accompanies the onset of inspiration causes a sharp increase in filling pressures in the right heart due to reduced RV compliance and thus leads to flow reversals in the central veins. The corresponding HV Doppler demonstrates a typical pattern with prominent diastolic reversals noted during inspiration (arrows).
- (C) Elevated right ventricular end-diastolic pressure. Disease states such as pulmonary hypertension and those that affect the RV or the pulmonary valve may lead to an increase in RVEDP. The rapid rise in RV diastolic pressure that follows atrial contraction results in an abrupt closure of the TV before RA pressure has begun to decrease. This phenomenon leads to excessive backflow of blood into the HVs. The corresponding HV Doppler shows a prominent A-wave reversal with high peak velocity and prolonged duration (arrows).
- (D) Right ventricular systolic dysfunction. The HV Doppler shows an attenuated S-wave, leading to a dominant D-wave flow pattern. Since the S-wave results, in part, from the apical displacement of the tricuspid annulus during systole and thus reflects the longitudinal function of the RV, a reduction in RV systolic function causes blunting of the S-wave.
- HV = hepatic vein; LV = left ventricle; RV = right ventricle; Insp = inspiration; Exp = expiration; RVEDP = right ventricular end-diastolic pressure; TV = tricuspid valve; RA = right atrium.

#### Figure 4. Rhythm and Conduction Disorders.

(A) Atrial fibrillation. A main hemodynamic feature of atrial fibrillation is the loss of atrial contraction and relaxation. The loss of atrial contraction leads to the absence of the A-wave on the HV Doppler. Since the S-wave results, in part, from RA relaxation, the HV Doppler additionally demonstrates either a blunted or absent S-wave and a dominant D-wave pattern. (B) Atrioventricular dissociation. The main finding on the HV Doppler results from the mechanical dissociation between the RA and RV that follows the electrical dissociation. In this patient with asynchronous ventricular pacing and underlying sinus rhythm, the HV Doppler demonstrates intermittent large reversal waves (cannon A-waves) (arrows). This phenomenon results from RA contraction occurring during ventricular systole, thus against a closed TV, causing an abrupt rise in RA pressure and backflow into the central veins. The same Doppler

pattern occurs in the setting of complete heart block, ventricular tachycardia or premature ventricular beats.

HV = hepatic vein; RV = right ventricle; RA = right atrium; TV = tricuspid valve;

### Figure 5. Pulmonary Disease.

- (A) Pulmonary hypertension. In the setting of severe pulmonary hypertension, the HV Doppler demonstrates a prominent A-wave (arrows) together with an attenuated or absent D-wave. The augmented A-wave results from elevation in RVEDP that is associated with the increase in RV muscle mass. Blunting of the D-wave reflects an attenuation of the "y" descent on RA pressure recording. This phenomenon results from impairment in RV myocardial relaxation and prolongation of the isovolumic relaxation time leading to a delay in TV opening and in the onset of diastole in the right heart.
- (B) Chronic obstructive pulmonary disease. An increase in the respiratory effort and/or the presence of airway obstruction associated with COPD results in exaggerated fluctuations in intrathoracic pressure. The more negative pressure that is generated during inspiration and the less negative or even positive pressure generated during expiration lead to uncoupling between the HV flow and right heart hemodynamics. Vena caval flow becomes dominated by the changes in intrathoracic pressure irrespective of the phase of the cardiac cycle. The HV Doppler typically demonstrates an increase in forward flow velocities during inspiration with merging of the waveforms and loss of distinct S- and D-waves (arrows). The resulting signal consists of a high velocity and wide inspiratory wave that encompasses one or more cardiac cycles. HV = hepatic vein; RVEDP = right ventricular end-diastolic pressure; RV = right ventricle; RA = right atrium; TV = tricuspid valve; COPD = Chronic obstructive pulmonary disease.

# Figure 6. Other Conditions.

The HVs are thin-walled intrahepatic conduits whose compliance is influenced by the compliance of the surrounding liver parenchyma. Disorders associated with the intrahepatic deposition of fat, fibrosis or tumor lead to an increased stiffness of liver tissue and thus to a reduction in HV compliance. This phenomenon results in the uncoupling between right heart filling and HV flow, with the latter demonstrating a blunted flow profile and reduced phasicity that is determined by the severity of the underlying liver pathology.

- (A) Obesity. This condition is often associated with fatty infiltration of the liver leading to a reduction in hepatic tissue compliance and partial uncoupling between HV flow and right heart hemodynamics. The resulting HV Doppler demonstrates dampening of waveforms with a biphasic flow pattern showing forward S- and D-waves with no A- and V-wave reversals. The effect of the A-wave may remain evident on the forward flow velocities (arrows).
- (B) Cirrhosis. Severe liver involvement with fibrosis or tumor leads to complete uncoupling between the HV Doppler and right heart filling with loss of individual waveforms. The resulting HV Doppler demonstrates a characteristic pattern with low velocity monophasic forward flow and no reversals.

HV = hepatic vein.

Table 1. Requirements for optimal recording and of the hepatic vein Doppler

Ensure optimal ECG tracing showing "P" and "QRS" waves

Position ultrasound transducer in the subxyphoid region

Visualize the IVC along its long axis by medial angulation of the transducer

Identify the middle and left HVs by counterclockwise rotation of transducer

If the middle and left HVs are not well visualized, use the mid-clavicular or mid-axillary window to identify the right HV

Visualize blood flow in the HVs by color Doppler

Ensure alignment of Doppler signal with flow

Optimize pulse wave Doppler settings:

Sample volume size: 2 mm

Sample volume location: 1-2 cm inside the HV

Gain and filter settings Adjust recording speed:

25 mm/sec to assess effect of respiration on HV flow

50-100 mm/sec to assess waveform morphology and duration

Activate the respirometer if needed to determine the phase of the respiratory cycle (inspiration, expiration, apnea)

IVC, inferior vena cava; HV, hepatic vein.













