



HAL
open science

State of Dementia Care in Bénin (West Africa)

Angeladine Kenne Malaha, Clémence Thébaut, Salimanou Ariyoh Amidou,
Dismand Stephan Houinato, Pierre-Marie Preux, Maëlen Guerchet

► **To cite this version:**

Angeladine Kenne Malaha, Clémence Thébaut, Salimanou Ariyoh Amidou, Dismand Stephan Houinato, Pierre-Marie Preux, et al.. State of Dementia Care in Bénin (West Africa). 35th International Conference of Alzheimer's Disease International, Jun 2022, LONDRES, United Kingdom. hal-04126931

HAL Id: hal-04126931

<https://unilim.hal.science/hal-04126931>

Submitted on 13 Jun 2023

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

STATE OF DEMENTIA CARE IN BENIN (WEST AFRICA)

Angeladine Kenne Malaha¹, Clémence Thébaut¹, Salimanou Ariyoh Amidou², Dismand Stephan Houinato^{1,2}, Pierre-Marie Preux¹, Maëlnn Guerchet¹
 (1) Inserm U1094, IRD U270, Univ. Limoges, CHU Limoges, EpiMaCT - Epidemiology of chronic diseases in tropical zone, Institute of Epidemiology and Tropical Neurology, Omega Health, Limoges, France (2) Faculty of Health Sciences, Epidemiology Laboratory of Chronic and Neurologic Diseases, University of Abomey-Calavi, Cotonou, Benin.
 @: angeladine.kenne_malaha@unilim.fr

Aims

To appraise existing dementia policies and plans, and describe available healthcare facilities for people living with dementia (PWD) in Benin.

Methods

Results

In-depth situational analysis: desk-review topic guide
STRIDE Towards a dementia plan: a WHO guide 



Bibliographic review of national strategic documents, Interviews with Health system stakeholders, focus group discussions with Patients, Caregivers & Associations.



2-day seminar with the different stakeholders
 Identification and description of healthcare and social care facilities offering specialised services for PWD.



- ✓ No dementia action plan existing or in preparation in Benin.
- ✓ Dementia falls under the topic mental health, which mains activities are about alcohol, tobacco and drugs abuse.
- ✓ No recent sensitisation or awareness activity on dementia
- ✓ Two main public hospitals in the economic capital concentrate services provided by neurologists and psychiatrists
- ✓ One police and 3 regional public hospital across the country have neurologists
- ✓ About 10 confessional and private health facilities, all located in the economic capital, provide neurologic consultations and care by part-time practitioners
- ✓ Associations for older persons exists and offer education on NCDs.
- ✓ A single private organization provides residency to elders and at-home care by specialised trained formal caregivers

Conclusion

Even though no dementia plan or formal long-term care system exist for PWD in Benin, many healthcare and social facilities implement actions which deserve to be structured and scaled-up.